

Emergency First Aid at Work (EFAW) Course Overview



Course Level

User



Who Should Attend

The Emergency First Aid at Work (EFAW) course is for employees who require basic emergency first aid training or anyone who is a designated First Aider at Work as well as anyone wanting to renew their Emergency First Aid at Work qualification.



Course Aim

Upon successful completion of the Emergency First Aid at Work course, you will be able to;

- Deliver emergency first aid to casualties
- Be able to perform life-saving skills such as CPR
- Treat injuries such as bleeding and burns
- Understand the role of the first aider including the reporting requirements (RIDDOR)
- Assess an incident and prioritise care



Certification

Upon successful completion of this course, each candidate will receive a digital certificate which is valid for 3 years. This is issued by an accredited body such as NUCO.



Pre-Requisites

No formal qualifications or experience are required to attend this course
Sufficient fluency in written and spoken English



Requirements

Photo ID is required



Course Duration

1 day



Assessment

Multiple Choice Test
Continual Practical Assessment



Agenda

Theory

- Introduction
- Current Legislation, regulations & guidance
- Roles & responsibilities of a First Aider
- When to report a RIDDOR incident
- Assessing an incident
- Managing emergency situations
- Minor Injuries
- Health and Safety regulations
- Multiple choice theory test

Practical

There will be ongoing practical participation which will be assessed throughout the day. This can include putting people into the recovery position as well as performing CPR.

