

**A TRUSTED TRAINING
PROVIDER**

ABOUT HARRINGTON SAFETY LTD

With a wealth of knowledge and experience in the training sector, we provide a wide range of courses tailored to our customers' individual needs. Our strong independent roots mean that we have been able to maintain a personal touch while delivering training courses of the highest quality.

We deliver courses 7 days a week and offer these at our dedicated centres or onsite, depending on your preference. This flexibility allows you to fit high-quality training around your work commitments.

OUR VALUES

- Offering courses that are cost-effective, allowing you to access the training you need within your budget.
- Letting our customers choose where their course is delivered. You can choose between our centres, online, or at your site. We're here to provide the most convenient option for you.
- Providing you with high-quality courses that are developed and delivered by experienced industry professionals at our accredited training centre.
- Delivering training that can be tailored to the needs of each client, allowing us to meet the demands of your workplace.

ONE COMPANY FOR ALL YOUR HEALTH AND SAFETY TRAINING NEEDS

We offer a wide range of **fully accredited** training courses, from IPAF and PASMA to Ladder Association, CITB, AITT and First Aid. Alongside these, we provide comprehensive training for Work at Height and Harness Leading Edge, CAT and Genny, Suspended Worker Rescue, Fire Marshal/Warden, Abrasive Wheels and Manual Handling. So, no matter your role or level of seniority, you will be able to find a training option that is right for you!

AREAS COVERED

We have training centres in Uxbridge and Rainham and offer training throughout the week and at weekends. We can also travel to you, delivering courses on a nationwide basis. For courses where remote learning is an option, training can be carried out online. One of our core values is offering flexibility wherever we can, allowing you to get the full benefits from your training.



HARRINGTON SAFETY TRAINING COURSE LIST

IPAF COURSES	PASMA COURSES	LADDER ASSOCIATION COURSES	CITB COURSES
▪ Operator Courses (classroom/instructor-led theory) ▪ Operator Courses (eLearning theory) ▪ Harness Awareness ▪ Harness User ▪ Harness Inspection ▪ Load/Unload ▪ Load/Unload+ ▪ Demonstrator ▪ Instructor ▪ MEWPs for Managers ▪ PDI (Pre-Delivery Inspection) ▪ SA (Site Assessment) ▪ MCWP Operators ▪ MCWP Demonstrator ▪ Construction Hoists	▪ Towers for Users ▪ Low Level ▪ Towers for Users and Low Level Combined (COMBI) ▪ Towers on Stairways ▪ Towers for Managers ▪ Working at Height (Novice)	▪ Ladder User ▪ Ladder User and Inspection Combined ▪ Ladder Inspection ▪ Ladder and Stepladder for Managers ▪ Stepladder and Step Stools User ▪ Stepladder and Step Stools Inspection ▪ Stepladder and Step Stools User and Inspection Combined	▪ Health and Safety Awareness (HSA) ▪ Site Supervisor Safety Training Scheme (SSSTS) ▪ Site Supervisor Safety Training Scheme Refresher (SSSTS-R) ▪ Site Manager Safety Training Scheme (SMSTS) ▪ Site Manager Safety Training Scheme Refresher (SMSTS-R) ▪ Temporary Works Coordinator ▪ Temporary Works Coordinator Refresher ▪ Site Environmental Awareness Training Scheme ▪ Temporary Works Supervisor
	FIRST AID COURSES	HEALTH AND SAFETY COURSES	
	▪ Emergency First Aid at Work ▪ Awareness of Mental Health for First Aid ▪ First Aid for Mental Health ▪ First Aid at Work ▪ First Aid at Work Refresher ▪ Catastrophic Bleed ▪ Automated External Defibrillation	▪ Manual Handling ▪ Work at Height and Harness User ▪ Work at Height and Harness Leading Edge ▪ Abrasive Wheels	▪ CAT and Genny ▪ Fire Marshall / Warden ▪ Work at Height and Suspended Worker Rescue ▪ Asbestos Awareness ▪ Face Fit Testing

IPAF TRAINING COURSES

IPAF promotes the safe and effective use of powered access equipment. These training courses have been developed by leading industry professionals and are recognised as proof of powered access operator training of the very highest standard. In fact, IPAF is an internationally recognised body designed to standardise everyone's abilities to control the powered access equipment they use.

Powered access equipment is also known as Mobile Elevated Work Platforms and includes cherry pickers, scissor lifts and boom lifts. IPAF training is essential for anyone using this equipment.

WHO SHOULD ATTEND?

If you work with or need to operate Mobile Elevated Work Platforms (MEWPs), an IPAF course is for you. This can be in a wide range of sectors.



OUR COURSES

Harrington Safety offer a range of IPAF MEWP training courses, all delivered by trainers with real-world experience that you will be able to apply to your own work right away. You can complete one of the following courses when you choose us:

IPAF OPERATOR COURSES

- 1a – Static Vertical
- 1b – Static Boom
(Truck mount, trailer mount or spider)
- 3a – Mobile Vertical (Scissor lifts)
- 3b – Mobile Boom
(Self-propelled booms and cherry pickers)
- PAV (Push Around Vertical)

There are no prerequisites for taking an IPAF Operator course. They are entry-level, and you do not need to have operated a MEWP before.

If you are in a managerial role, we offer the MEWPs for Managers course. This covers all aspects of planning a job, conducting a risk assessment, selecting the right equipment for maximum cost-efficiency and reducing risks wherever possible.

OTHER IPAF COURSES

- Harness Awareness
- Harness User
- Harness Inspection
- Load/Unload
- Load/Unload+
- MCWP
(Mast Climbing Work Platform)
- Construction Hoist
- Demonstrator
- Instructor
- PDI (Pre-Delivery Inspection)
- SA (Site Assessment)

Delivering Your Training

We offer training for one, two, or all three of the 1b, 3a and 3b categories. This means that you can enjoy a training day that has been tailored to your exact needs. We also offer training onsite for all of the other IPAF categories as well as at customers' premises. So wherever you want to learn, we can make it happen.

YOUR QUALIFICATION

Upon successful completion of a course, you will receive a digital PAL Card (Powered Access Licence), safety guide, logbook and a certificate. Your IPAF Powered Access licence is valid for 5 years. Licences are all issued digitally unless otherwise specified.



PASMA TRAINING COURSES

The Prefabricated Access Suppliers and Manufacturers Association (PASMA) provide industry standard training schemes. These equip delegates each year with the skills and knowledge they need to carry out their roles safely and efficiently.



WHO SHOULD ATTEND?

PASMA courses are designed for individuals who use mobile access equipment. This training will give them the skills to assemble, use, inspect and dismantle towers.



OUR COURSES

We offer a wide range of PASMA courses, allowing us to cater to the needs of a variety of delegates. Our courses are delivered by experienced industry professionals who will be able to provide real-world insight you can apply on site.

Our PASMA courses:

- **Towers for Users:** A 1-day course where you will learn how to safely assemble, move and dismantle mobile access towers.
- **Low Level:** Cover good practices in using low-level powered access equipment. The course length is ½ day.
- **Towers for Users and Low Level Combined (COMBI):** Combines the Towers for Users and Low Levels courses into a single 1-day training course.
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- **Low Level:** Cover good practices in using low-level powered access equipment. The course length is ½ day.
- **Towers for Users and Low Level Combined (COMBI):** Combines the Towers for Users and Low Levels courses into a single 1-day training course.

YOUR QUALIFICATION

Upon the successful completion of your course, you'll receive a digital PASMA certificate, which is valid for 5 years. Licences are all issued digitally unless otherwise specified.



LADDER ASSOCIATION

The Ladder Association promotes the safe use of portable ladders. We provide courses for all levels of ladder users. By completing any of them, you can preserve the safety of the individuals using them and demonstrate full legal competence.



WHO SHOULD ATTEND?

If you use a ladder to work at height and require a strong awareness of health and safety and best work practices, these courses are for you.

OUR COURSES

Our training is delivered by experienced professionals who have a wealth of industry experience to draw upon, equipping attendees with skills that can be applied immediately.

- **Ladder User:** If you use ladders in the workplace, this is the course for you. Lasting ½ day, you will learn when it is right to use a ladder or stepladder. You will also cover the laws and standards relating to ladders and stepladders.
- **Ladder Inspection:** This ½ day course is for those who maintain and inspect ladders as part of their role. From storage advice to how to keep accurate records, it covers a wide range of topics.
- **Ladder User and Inspection Combined:** If you use, inspect and maintain ladders, this course that combines the Ladder User and Inspection courses is perfect. It is 1 day in length, making it accessible for many.

We also provide the following Ladder Association courses:

- Ladder and Stepladder for Managers
- Stepladder and Step Stools User
- Stepladder and Step Stools Inspection
- Stepladder and Step Stools User and Inspection Combined

This training can be taken at our centre or in your workplace to maximise convenience.

YOUR QUALIFICATION

Once you have successfully completed the course of your choice, you will receive a qualification that is valid for 5 years. Licences are all issued digitally unless otherwise specified.



HARRINGTON SAFETY

We offer a wide range of our own training courses. As a leading expert on health and safety with years of experience when it comes to delivering high-quality training, any of our courses will equip you with essential skills that are required within a workplace.



WHO SHOULD ATTEND?

Our courses cover a wide range of topics, from CAT and Genny to working at height while using harnesses. They are for anyone looking to develop a strong understanding of health and safety and correct techniques.

OUR COURSES

Our health and safety courses include:

- Manual Handling
- Work at Height and Harness User
- Work at Height and Harness Leading Edge
- Abrasive Wheels
- CAT and Genny
- Fire Marshall / Warden
- Work at Height and Suspended Worker Rescue
- Asbestos Awareness
- Face Fit Testing

Our training can be taken at our centre, in your workplace, or online.

HOW LONG ARE OUR COURSES VALID FOR?

Upon successful completion of a course, you will gain a certificate that is valid for 5 years from the training date. As an independent training provider, we can provide you with your qualification right away, along with ongoing support and advice.



AITT

AITT (Association of Industrial Truck Trainers) is the UK's leading membership-run accrediting body for operator training within the material handling equipment sector. They are the only membership-run, non-profit accrediting body in their sector, and maintain the highest training standards in all that they do. We are an AITT-accredited provider here to equip you with the training you need.



WHO SHOULD ATTEND?

AITT courses are designed for those who use forklift trucks and other material handling equipment. You can expect AITT training to equip you with both the theoretical knowledge and practical skills that you can apply on site.



TRAINING WITH US

We deliver our AITT courses on site, travelling to customers nationwide. This allows you to learn using your own equipment, in the workplace that you are used to. This will give you immediate context for your newfound expertise, leading to the best possible outcomes on site.

YOUR QUALIFICATION

AITT certificates are valid indefinitely with no set expiry date. However, it is recommended that you refresh your knowledge by taking part in training every 3 years, just so you can be sure that you are up to date with the latest rules and regulations. Licences are all issued digitally unless otherwise specified.



FIRST AID COURSES

First aid training is essential in any workplace. Our first aid courses are highly regarded, with delegates in all sectors and will give you all the knowledge and hands-on skills you need to become a confident first aider.

So if you want to ensure that you know how to react in the event of an emergency or provide support and reassurance to your colleagues, we can help.



WHAT WE OFFER

We run nationwide accredited first aid courses varying from one-day emergency first aid courses to mental health first aid courses, so the right course is never far away. Our full list of first aid courses is as follows:

- **Emergency First Aid:** A 1-day course that provides essential knowledge on how to act in the first few minutes after an accident or medical incident. Covers how to use a first aid kit, deal with a wide range of emergencies and how to deliver CPR.
- **First Aid at Work:** This 3-day course is perfect for you if you want to become a nominated first aider in your workplace. Along with essential skills, it covers the roles and responsibilities of a first aider, assessing an incident and relevant health and safety regulations.
- **Awareness of First Aid for Mental Health:** This ½ day Level 1 course will provide you with the knowledge to identify a suspected mental health condition. It also covers how to offer support and direct an individual towards professional help.
- **First Aid for Mental Health:** A 1-day course that builds on the content of the Level 1 course but also teaches you how to deliver the right support for those suffering with drug and alcohol issues. You will receive a Level 2 qualification upon completion.
- **Supervising First Aid for Mental Health:** This 2-day course covers the content of both the Level 1 and 2 training, but is aimed at those in a supervisory role in the workplace.

COURSE DELIVERY

Our fully accredited courses comply with all relevant Health and Safety regulations. They can be completed at our training centres, or if you have a group in need of First Aid training, we can come to your workplace or a location nearby. Just let us know what you need.



FAQ

How do I book a training course?

If you want to book online, find the course that you want and then select a date and location that works for you. If you require a little more guidance or aren't sure which course is the most suitable option for you, our friendly booking advisors are here to help you.

Do you offer online and weekend training?

We offer weekend and remote training for a lot of our courses, giving you the flexibility you need to balance learning alongside your existing work schedule. However you want to learn, we are here to meet your needs.

How much do courses cost?

Pricing information can be found on the relevant course pages on our website or by getting in touch. Our course prices are some of the most competitive in the UK, offering customers unrivalled value for money.

Where are your training centres?

We have two training centres. The first is in Uxbridge, West London, and our 2nd centre can be found in Rainham, Essex. Both offer first-class learning facilities, along with on-site parking and links to public transport.

How long will my certificate be valid for?

Most of our training courses provide you with certification that is valid for 5 years. Some qualifications, such as the AITT training we provide in workplaces, don't have an expiry date but should be refreshed every 3 years.



A TRUSTED TRAINING PROVIDER

We provide high-quality health and safety training designed to equip individuals and businesses with the skills required to maintain safer workplaces.

Our range includes globally recognised accredited courses as well as our own training programmes, with options to suit various needs. As an independent provider, we deliver expert-led

training with comprehensive course materials and a practical learning approach. We are here to support you in meeting your compliance requirements and minimising workplace risks, no matter where you are located in the UK.

GET IN TOUCH

We are here to support you in developing the skills you need to fulfil your role safely and effectively. Our team is available to help you identify the most suitable course based on your individual requirements and to assist with the booking process if needed.



0800 059 0599



enquiries@harringtonsafety.co.uk



harringtonsafety.co.uk



Unit 10, Chiltern Business Village, Arundel Road
Uxbridge, Middlesex UB8 2SN

CEME Campus, Marsh Way, Rainham RM13 8EU